



Borderline Personality Disorder as a Response to Attachment Trauma

Borderline Personality Disorder (BPD) can present intense emotions and challenging behaviors. By understanding BPD as a response to early attachment trauma, therapists can better address these patterns. This training explains how disrupted attachment leads to threat responses like fight, flight, freeze, or fawn, which drive BPD symptoms. Discover strategies to help clients build self-compassion and improve relationships. Learn how to navigate transference and countertransference to enhance therapeutic outcomes. Join us for insights and tools to support BPD clients effectively.




Dr. Lora Wiens
Co-Owner of Hope & Healing
Psychotherapy

LOCATION

 McHenry County Mental Health Board
620 Dakota Street, Crystal Lake

DATE & TIME

 June 7, 2024
9:00 am - 12:00 pm



Contact Kris Doherty

kdoherthy@mc708.org

[EVENT LINK](#)