

A photograph of the exterior of a brick building with large windows. A dark grey awning over the entrance displays the text "McHENRY COUNTY MENTAL HEALTH BOARD" in white, bold, sans-serif capital letters. To the right of the entrance, a brick pillar has a "NO SMOKING WITHIN 15 FEET OF BUILDING" sign. A white planter with pink and yellow flowers sits on the sidewalk.

McHENRY COUNTY MENTAL HEALTH BOARD

Annual Report

Empowering Minds
Transforming Lives

McHenry County Fiscal Year

2021

December 1, 2020 - November 30, 2021

Annual Report

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Mission

To provide leadership to ensure the prevention and treatment of mental illness, developmental disabilities and substance abuse by identifying, planning, coordinating, fostering development, and contracting for quality services for all citizens of McHenry County, Illinois.

Vision

McHenry County residents experience optimal mental wellness through access to an integrated system of behavioral healthcare services of excellent quality representing a recovery and resiliency focused, consumer driven, and culturally inclusive community-based continuum of care.

Values

- We lead the way in transforming lives and systems through partnership and planning.
- We empower individuals and families toward mental wellness and resiliency.
- We are accountable for quality, cost-effective services.
- We value diversity in services, staff, and community.
- We provide education in order to aid recovery and prevention.

For more information visit us at

www.mc708.org or call **815-455-2828**.



President's Message

In compliance with the Illinois Community Mental Health Act (Illinois Compiled Statutes, Chapter 405, Act 20), the McHenry County Mental Health Board (MCMHB) provides this annual report to the community to outline major activities and accomplishments, sources of revenues, and expenditures for the year ending November 30, 2021.



Connee Meschini
Board President, MCMHB



Unprecedented times indeed.

In partnership with our funded Network Providers, the McHenry County Mental Health Board works diligently to provide an integrated quality system of care for Mental Health, Intellectual/Developmental Disability (I/DD) and Substance Use Disorder services throughout the toughest of times. These past two years have produced significant changes and challenges because of COVID-19. Responding at a rapid pace, the Mental Health Board and our system of care adjusted working or learning remotely, acclimated to virtual meetings, and hosted socially distant events and treatments within our systems, communities, and families.

As a result, 2021 has demonstrated a great deal of resiliency in our network and system of care here in McHenry County as we've continued to adapt to the challenges of the COVID-19 pandemic. This adaptation has been witnessed in our network of care by new ways of working with each other as providers and a network as well as innovative solutions for McHenry County residents such as tele-health.

Many of these experiences and changes in work processes will remain as enhancements in the Network. The Mental Health Board is steadfast in supporting providers through all these challenges while evaluating for quality improvement, on-going efforts to filling gaps in services and needs for mental health, expanding

services for individuals with intellectual/developmental disabilities and substance use disorders.

By facilitating a record number of trainings for clinical, administrative, and financial Network Provider staff, the Mental Health Board continues to demonstrate its dedication and commitment to funding and helping to maintain a behavioral health and I/DD workforce prepared to meet the service needs of the community.

We proudly produced a wide array of accomplishments in the first year of our FY'21-23 Strategic Plan. A few to highlight are the McHenry County Sheriff's Office Police Social Work Program, the I/DD system expansion for Clearbrook into Woodstock, and the Pioneer/NISRA program partnership in Huntley - see page 11 for more information.

FY21 also saw the grand opening of the New Directions Addiction Recovery Services' Retreat on January 7, 2021. The retreat will serve up to 60 people in recovery from substance use disorders. We are proud of the funding support we provided to make this happen in conjunction with the new PADs site which is administered by Pioneer and has the capacity for 70 beds for the homeless. The innovation and continued dedication within our system of care in meeting community needs is remarkable.

Overall, this report provides you with information on how local funding was used to strengthen our community and improve the lives of McHenry County residents.

Executive Director's Message



Leonetta Rizzi
Executive Director, MCMHB



Dear Stakeholders,

I am very honored and excited to be the Executive Director of the McHenry County Mental Health Board. Having run Crisis Services here in McHenry County for 15 years in the mid-'90's, it truly feels like coming home.

I am evaluating all the changes and challenges that have occurred with regard to our network of providers and services as well as the impacts of State budgets cuts over the past decade and also the effects the COVID-19 pandemic has had on our providers as we embark upon year three of the pandemic.

Although our network of providers have grown significantly in McHenry County over this past decade, there are still gaps in care and service delivery that are a result of consumer growth as well as the loss of long-standing service providers and programs that were important to our network and system of care.

Coupled with the behavioral health workforce crisis across Illinois and the pandemic, there have been many

challenges our current network has had to adapt to and overcome.

We know there's no going back to normal, but we look forward to moving ahead toward greatness. Our funded providers have been amazingly resilient in meeting these challenges within their organizations. Now it's time to join together as a network and transform and truly make this an integrated quality network of care that fills our current gaps and meets the needs of McHenry County residents.

We will incorporate all the variables at play from federal, state, and local level such as DHS/DMH-590/MCR, 988, CESSA, HFS-Pathway to Success, and other MH, I/DD, and SUD initiatives.

I'm excited to partner with all of you to further enhance this integrated quality system of care for Mental Health, Intellectual/Developmental Disabilities, and Substance Use Disorder services here in McHenry County and make a sustainable impact in this community.



2021-2023 Three Year Plan

Strategic Initiative #1: MCMHB Network Enhancement & Development

Strategic Initiative #2: Promote a Comprehensive Network of Behavioral Health Services

Strategic Initiative #3: Strengthen & Support Intellectual/Developmental Disability Services

Strategic Initiative #4: Advocacy, Awareness & Leadership

MCMHB

FY21 Progress to 3-Year Plan & Achievements

Goal 1.2 Promote a MCMHB Network Culture of High Performance

As a CARF International accredited “Network,” the MCMHB strives to facilitate connections, growth experiences, and collaborations that strengthen participating provider organizations and maximize the Network’s collective impact for the individuals, families, and communities served.

Activities & Successes:

- Hosted FY21 Clinical Supervision Training Series (December 20/January 21)
- Notified of Three-Year CARF Accreditation (Through August 2023)
- Assisted The Break in implementing GAD-7/PHQ-9 screening tools (April 21)
- FY22 Funding Application & Outcomes Reporting revised to include outcome benchmarking, wait list criteria/processes, and ineligible referrals (May 21)
- Supported Not-for-Profit Resources (formerly Volunteer Center) Management Training Series (ongoing) Renewed sponsorship at \$2,500 for FY22 (November 21)
- Used data collected via monthly service data, utilization, outcome reporting, and compliance audits to inform the FY22 funding allocation considerations
- Provided ongoing consultation at compliance audits and at FY22 work plan development meetings regarding Evidenced Based Practices (EVPs) – fidelity to service models and use of objective measurement tools to track outcomes (December 20 – November 21)
- Filed annual report with CARF for year one of Three-Year Network Accreditation (August 21)
- YTD Network Training FY21 targeting enhanced clinical, fiscal, and management knowledge – 47 Total Trainings; Attendees 2,584; Continuing Education Units (CEUs) issued 111 (December 20 – November 21)

Goal 2.3: Explore opportunities to enhance Mobile Crisis Response & Crisis Stabilization Services.

Crisis services include crisis lines accepting all calls and dispatching support based on the assessed need of the caller; mobile crisis teams dispatched to wherever the need is in the community; and crisis receiving/stabilization facilities that serve everyone that comes through their doors from all referral sources.

Activities & Successes:

- FY21: Initiated & facilitating ongoing dialogue with McHenry County Chiefs of Police and County Admin re: Co-Responder Programs (ongoing)
- FY21: Initiated potential partnership with NAMI, Rosecrance and ILDHS-DMH re: Living Room Models (ongoing)
- Participating on the IDHS Strategies for implementation of 988 committee
- Funded McHenry County Sheriff’s Office (MCSO) Police Social Worker (PSW) program at \$300,000; participating in development and coordination of program; providing consultation regarding outcome measurement and processes
- Participating in State Pathways to Success rollout
- Participating in coordination with MCSO PSW program, Northwestern Medicine’s Crisis - Doty Road ER, Emergency Services, Municipal Law Enforcement, and Rosecrance’s Mobile Crisis Response (MCR).

Goal 4.1: Monitor, represent and adapt as needed to legislative, planning and policy efforts impacting the MCMHB Network.

As opportunities arise, MCMHB staff will participate in legislative, planning, and policy related activities and use these opportunities to advocate for the needs of McHenry County residents and providers. (e.g. MCMHB staff participates in various trade association meetings, taskforces, committees, etc.)

Activities & Successes:

- MHB participates on the ACMHAI Legislative/Medicaid/IDD/Children’s Behavioral Health Committees, CBHA Integrated Primary/Behavioral Healthcare Committee, 988 Key Stakeholder Coalition ILHFS Medicaid Advisory Committee, IL Supreme Court Mental Health & Justice Taskforce, and is a member of several trade industry associations.
- Provided advocacy and testimony to defeat SB1883-COMMUNITY MENTAL HEALTH TAX (FY21)
- MCSO to present the Police Social Worker program at ACMHAI quarterly meeting in response to CESSA and Public Act law changes (December 21)
- Funded CIT training for law enforcement (October/November 21)

Preventing Deaths of Despair

Across the United States, more people are dying from so-called “deaths of despair”—suicide, drug and alcohol poisoning, and alcoholic liver disease—than at any other point in recorded history, according to the Centers for Disease Control and Prevention (CDC).



These 3 simple steps may help save a life!

Question. Persuade. Refer.

Please visit www.mchenrycountyqpr.org for more information.

McHenry County Mental Health Board Milestones

- FY 2021 QPR Trainings: **41 Trainings & 1,064 Attendees**
- Naloxone: Opioid reversal drug that, when available, is administered to someone experiencing an overdose. **1000+ doses distributed** by Live4Lali to Community Members & First Responders
- A Way Out: Offers access to substance abuse treatment and resources through law enforcement officers/agencies: **2021 – 77 participants .**
- Connect to Recovery – Connecting individuals who enter the A Way Out program and other system access points to treatment services, providing transportation and peer support: **2021 – 163 participants.**

McHenry County Deaths by Suicide



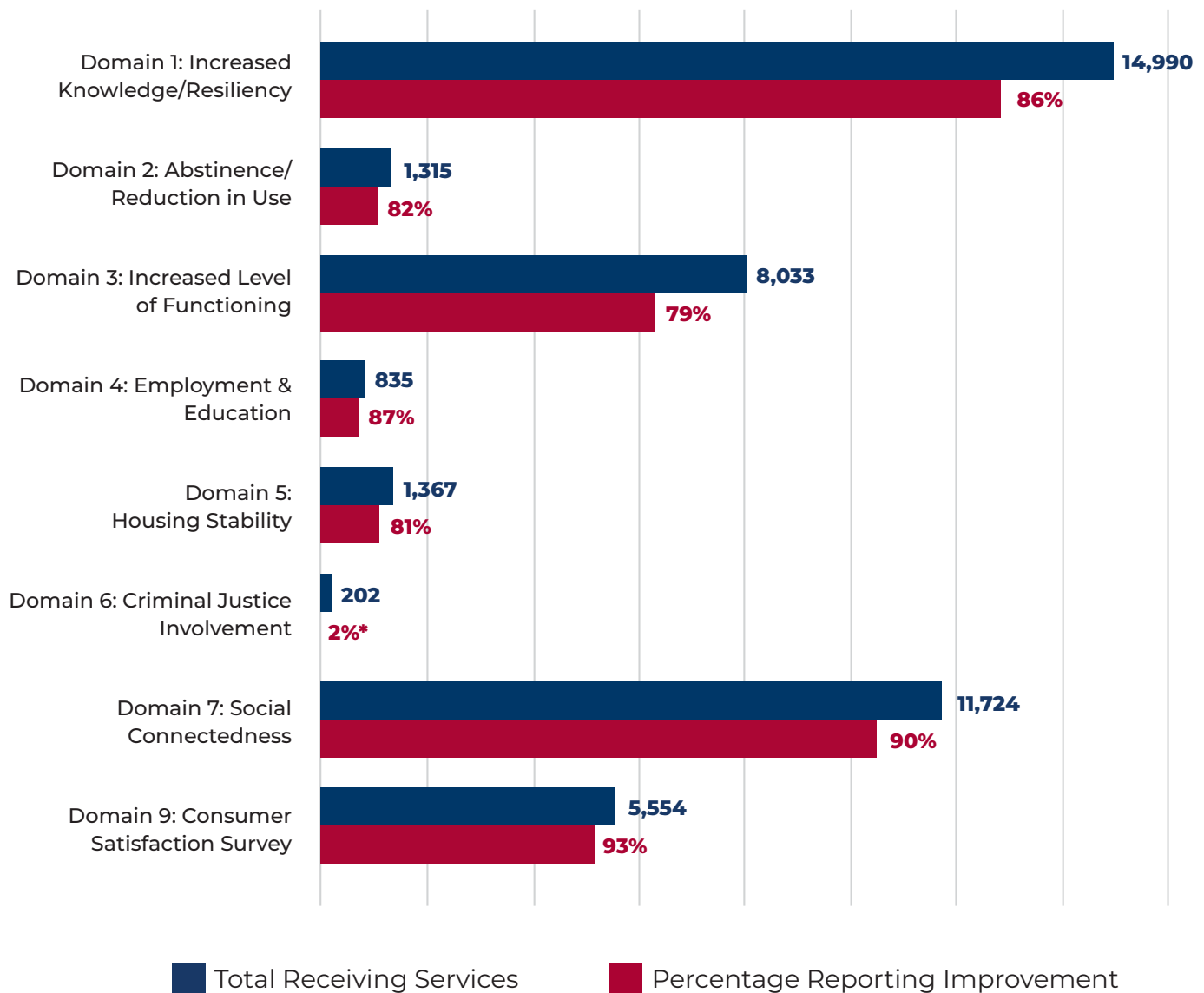
McHenry County Deaths by Overdose



Network Outcomes



The MCMHB has adopted a revised version of the SAMHSA National Outcome Measures (NOMs) Framework to promote the use of consistent measures across its network. MCMHB Network Outcomes are comprised of domains that embody meaningful, real life outcomes for people who are striving to attain and sustain recovery; build resilience; and work, learn, live, and participate fully in their communities. Over 30 evidence-based practices and various validated tools are utilized.



* Average % of Active Participants reporting criminal justice involvement and/or re-arrest

2021 Highlighted

Network Enhancements

McHenry County Co-Responder Police Social Worker Program

The McHenry County Mental Health Board, the McHenry County Board and the McHenry Sheriff's Office partnered to develop and fund the McHenry County Co-Responder Police Social Worker Program. The mission of this groundbreaking program, which began at the end of 2021, is to bridge the gap between law enforcement and social services in McHenry County by connecting citizens with mental health resources and long-term resolutions, in order to alleviate the obligation of law enforcement's response to mental health-related calls for service. This program will be expanding to other police agencies to help bridge the gap between law enforcement and the county's network of social service providers. We're proud to be part of this solution in handling crisis situations more effectively in our community.



The Bright Program - a Partnership of NISRA and Pioneer Center for Human Services

The Bright Program is a new and unique opportunity where the efforts of NISRA and Pioneer Center for Human Services come together to expand adult day program services to the western side of McHenry County located in Huntley, IL.



The Bright Program is for adults with developmental disabilities ages 22 and over to participate in a smaller group day program in their own community. With the partnership between NISRA and Pioneer Center, participants will have access to opportunities and activities that are offered by both organizations at one location.

Clearbrook West

In 2015, Clearbrook expanded into Crystal Lake to help meet the needs of the communities surrounding McHenry County. Programs and services such as home-based, community day programs, residential, vocational, and respite are offered. The goal of these programs is to help individuals be as successful as possible in their home and community.



Clearbrook West opened its first CILA (Community Integrated Living Arrangement) home in Crystal Lake in the spring of 2018. Since 2018, Clearbrook West has opened two additional CILA homes in Crystal Lake, one for six women and another for six men. Clearbrook West hopes to be opening a fourth home in Woodstock in 2022. Annually, Clearbrook West supports over 250+ individuals, as well as their families, in McHenry County, in over 39 communities and 8 locations throughout northern Illinois.

A complete list of 2021 Funded Network Providers can be found on page 10.

FY '21

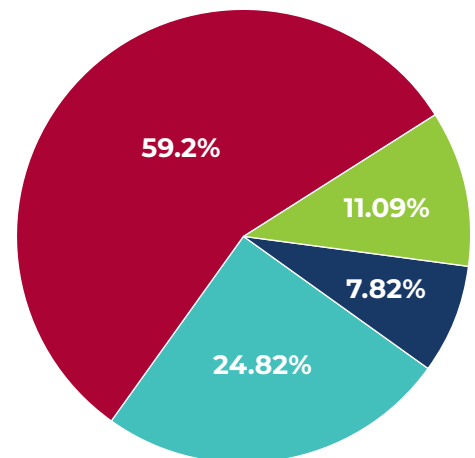


Financial Summary

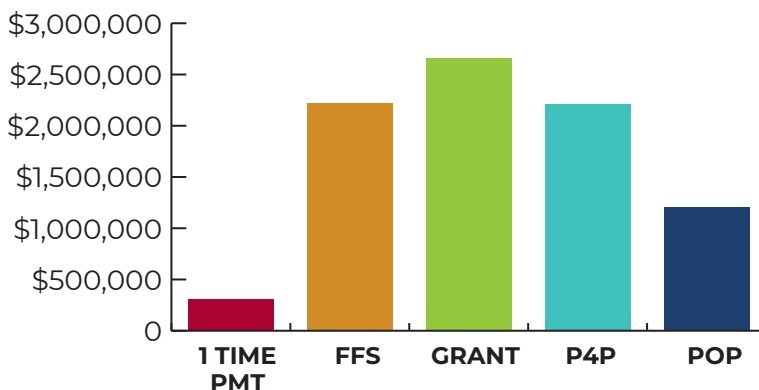
The Mental Health Board policy, in accordance with the Community Mental Health Act, ILCS, Chapter 405, Act 20, Section 0.1, et. seq. stipulates that funds allocated by the MCMHB may be used to contract for mental health, substance abuse, and developmental disability services.

Funding by Need

Sum of FY21 Funding Received	
● Mental Health	\$4,836,765.63
● Intellectual & Developmental Disabilities (includes Epilepsy, TBI & Autism)	\$2,133,378.97
● Substance Abuse	\$953,491.52
● Co-occurring Mental Health/ Substance Abuse	\$671,801.52
Grand Total	\$8,595,437.64



Funding by Contract



Sum of FY21 Funding Received	
● 1 TIME PMT	\$302,509
● FFS	\$2,219,527
● GRANT	\$2,659,439
● P4P	\$2,205,684
● POP	\$1,208,279
Grand Total	\$8,595,438

FUNDING TYPES

Fee-for-Service (FFS)

Payments for each event of service. When possible, rates are based on those set by the State of Illinois.

Standard Grant (GRANT)

Provides funds for access to specific care or the infrastructure of a program and requires year-end reconciliation of actual expenses.

Pay-for-Performance Grant (P4P)

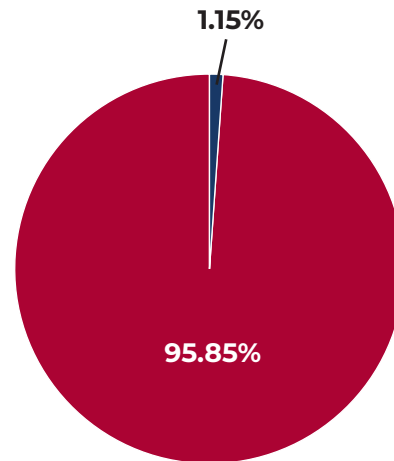
Payment is predicated on the reporting MHB defined output and outcome data. Pay-for-Performance Grants primarily support access to Psychiatric/Prescriber services.

Purchase of Position (POP)

Payment for a particular staff position critical to the delivery of an approved service or program for which Fee-for-Service funding is not applicable.

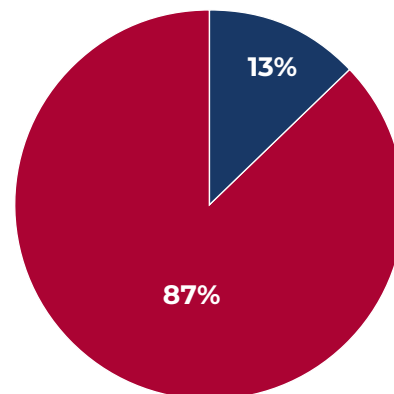
Expenditures - Community Services and Supports	
22nd Judicial Circuit of McHenry County	209,368
Alexian Brothers Behavioral Health	180,000
Association for Individual Development	386,852
Aunt Martha's Youth Service Center, Inc.	525,000
Blair Counseling (Clinical Supervision ICA)	3,230
Children's Advocacy Center	70,000
Clearbrook	708,297
Community Health Partnership of Illinois	72,767
Consumer Credit Counseling	29,593
Crystal Lake Teen Center - The Break (ICA)	12,000
Family Health Partnership	45,707
Greater Elgin Family Care Center	356,667
Harvard Community Senior Center	62,311
Home of the Sparrow	146,252
Horizons Behavioral Health	150,779
Independence Health & Therapy	349,494
Live 4 Lali	146,154
Mather's Community Mental Health Center	150,000
Mather's Recovery	100,000
McHenry County Sheriff's Office (IGA)	9,500
McHelp App Support (LEAD)	20,071
NAMI - McHenry County	267,500
Network Promotion and Marketing	41,851
Network Training	58,072
New Directions Addiction Recovery Services	202,400
NIMC Northwestern Medicine Woodstock	531,819
Northern Illinois Recovery LLC (A Way Out ICA)	6,250
Northern Illinois Special Recreation	40,547
Northwest CASA	25,000
NeuroClinic & Assessments LLC (ICA)	4,900
Options and Advocacy	487,659
Other Program Contractual	12,185
Pioneer Center	921,609
Psychiatric Loan Reimbursement Program	92,633
Rosecrance	1,108,441
Service Inc. of Illinois	58,923
Thresholds	356,683
Transitional Living Services	170,578
Transportation Funds (Kaizen)	103,869
Turning Point	629,320
Yescheck & Associates (ICA)	5,000
Youth & Family Services of McHenry County	140,328
Total Community Services & Support	\$ 8,999,609
Mental Health Board (Admin/Bldg/Debt)	
Debt Service (Building Payoff in 2019)	-
Building Occupancy Expense	159,464
Administrative Salaries and Benefits	795,370
General Administration	353,363
Total Mental Health Board Administration	\$1,308,197
GRAND TOTAL EXPENDITURES	\$10,307,806
REVENUE OVER/(UNDER) EXPENDITURES	\$331,836
FUND BALANCE - Beginning of the year	\$6,529,117
FUND BALANCE - End of the Year	\$6,860,953

FY 2021 REVENUE



● McHenry County Property Tax Receipts	10,516,867
● Interest/Misc. Revenue	122,775
TOTAL REVENUE	\$ 10,639,642

FY 2021 EXPENDITURES



- Grand Total Community Services & Support
- Mental Health Board Administration (Admin/Bldg/Debt)

Footnote:

(1) - McHenry County Audits for 2021 will not be finalized until at least the end of May 2022. As a result, at the time of printing, this financial summary is based on unaudited numbers.



The McHenry County Mental Health Board meets monthly on the fourth Tuesday at 6:00 pm at the McHenry County Mental Health Board, 620 Dakota St., Crystal Lake, Illinois. Public comment is always welcome at the beginning and end of all MCMHB meetings. For a complete list of Board and Committee meeting dates and times visit www.mc708.org.

For agendas and meeting minutes visit www.mchenrycountyil.gov and click the Meeting Portal tab near the top of the page.

FY'21 MCMHB Board of Directors

Connee Meschini, President

(Term: 01/01/05 - 12/31/22)
Chair, Executive/Personnel Committee

Cathy Ferguson, Vice President

(Term: 05/21/13 - 12/31/22)
Chair, Building & Grounds Committee; Executive/Personnel Committee; By Laws Committee; Ethics & Compliance Committee

Ray Lapinas, Treasurer

(Term: 01/01/18 - 12/31/25)
Chair, Finance & Audit Committee; By Laws Committee; Building & Grounds Committee; Executive/Personnel Committee

Tracy Champion, Secretary

(Term: 1/1/19 - 12/31/22)
Chair, By Laws Committee; Ethics & Compliance Committee, Finance & Audit Committee; Executive/Personnel Committee

Paula Yensen, County Board Liaison

(Term: 02/21/17 – Open)
Executive/Personnel Committee; Building & Grounds Committee; Finance & Audit Committee

Michael Baber, Member

(Term: 01/01/21 - 12/31/24)
Executive/Personnel Committee; By Laws Committee; Ethics & Compliance Committee; Finance & Audit Committee

Rachel Boldman, Member

(Term: 01/01/19 - 12/31/22)
Chair, Ethics & Compliance; Executive/Personnel Committee, Finance & Audit Committee

Greg Alexander, Member

(Term: 01/01/21 – 12/31/24)
Executive/Personnel Committee; Buildings & Grounds Committee; By Laws Committee; Ethics & Compliance Committee

Adam Carson, Member

(Term: 01/01/21 – 12/31/24)
Executive/Personnel Committee; Building & Grounds Committee; Finance & Audit Committee

FY'21 MCMHB Staff

Leonetta Rizzi, BSN, MS, MBA

Executive Director (start date 1/3/2022)

Scott Block, MA, LCPC, CADC, CCJP

Executive Director (resigned 10/2021)

Terry Braune, MBA, CHC

CHC Deputy Director

Melanie Duran, CMA

Fiscal Operations Manager I (effective 10/2021)

Jane Wacker, CPA

Fiscal Operations Manager II (retired 10/2021)

Amy Quinlan

Executive Assistant
(start date 5/2021, resigned 2/2022)

Patricia Peterson

Executive Assistant (retired 5/2021)

Kristen Doherty

Training Coordinator

Karin Frisk

Compliance Coordinator

Christy Golden

Accountant II (start date 10/2021)

Vickie Johansen

Contract & Grant Lifecycle Monitor

Rachel McCarty

Accounting Assistant

Lori Zeek

Administrative Specialist II

Industry Affiliations

- Association of Community Mental Health Authorities of Illinois
- Community Behavioral Health Association of Illinois
- Illinois Association for Behavioral Health
- Healthcare Compliance Association
- National Association of County Behavioral Health & Developmental Disability Directors
- National Council for Mental Wellbeing



**McHenry County
Mental Health Board**

620 Dakota Street
Crystal Lake, Illinois 60012

815-455-2828 phone
815-455-2925 fax

www.mc708.org

