



Annual Report

McHenry County Fiscal Year 2018

December 1, 2017 - November 30, 2018

Mission

To provide leadership to ensure the prevention and treatment of mental illness, developmental disabilities and substance abuse by identifying, planning, coordinating, fostering development, and contracting for quality services for all citizens of McHenry County, Illinois.

Vision

McHenry County residents experience optimal mental wellness through access to an integrated system of behavioral healthcare services of excellent quality representing a recovery and resiliency focused, consumer driven, and culturally inclusive community-based continuum of care.

Values

- ▶ We lead the way in transforming lives and systems through partnership and planning.
- ▶ We empower individuals and families toward mental wellness and resiliency.
- ▶ We are accountable for quality, cost-effective services.
- ▶ We value diversity in services, staff, and community.
- ▶ We provide education in order to aid recovery and prevention.

McHenry County Mental Health Board

620 Dakota Street

Crystal Lake, Illinois 60012

815-455-2828 phone | 815-455-2925 fax

www.mc708.org



ANNUAL MESSAGE FROM MCMHB LEADERSHIP

MC HENRY COUNTY MENTAL HEALTH BOARD

The Community Mental Health Act mandates the publication of an annual report. The McHenry County Mental Health Board (MCMHB) Annual Report provides an accounting to the citizens of McHenry County of its activities and expenditures during the fiscal year. The Board of Directors and staff of MCMHB present this Annual Report in accordance with Illinois Compiled Statutes, Chapter 405, Act 20, Section 0.1 et. seq.

Based on national prevalence projections, an estimated one-third of the McHenry County population is experiencing a personal relationship with mental illness, substance use disorder, or an intellectual and developmental disability at any time throughout a given year.

Because of this widespread impact, the MCMHB supports and facilitates relationships with individuals and their families, healthcare providers, local systems such as education, criminal justice and law enforcement entities, health and human services, elected officials, businesses, civic groups and faith-based organizations.

The MCMHB strives to help create a healthy community and its successes are dependent upon prevention efforts, treatment programs, and recovery support services embraced and administered by its various partners.

Serving as McHenry County's nucleus of mental illness, substance use disorder and intellectual and developmental disability related services and needs; the MCMHB continues to coordinate and support services, programs, and projects that embody meaningful, real life outcomes for people who are striving to attain and sustain recovery; build resilience; and work, learn, live, and participate fully in our community.

Please join us in an accounting of MCMHB FY18 activities and celebrate the successes both facilitated and supported by MCMHB's leadership, funding allocations and devotion to the credo:

**prevention works;
treatment is effective;
and
people recover!**

CONNIE MESCHINI
PRESIDENT
MCMHB



SCOTT BLOCK
EXECUTIVE DIRECTOR
MCMHB



ABOUT MCMHB

MCHENRY COUNTY MENTAL HEALTH BOARD

The MCMHB is a special purpose unit of government acting in accordance with the Community Mental Health Act (Illinois Compiled Statutes, Chapter 405, Act 20, Section 0.1 et. seq.). Through the direction of a board of community representatives appointed by the County Board and MCMHB staff, the MCMHB is mandated to carry out the following activities:

CONSULT

- Consult with other appropriate private and public agencies in the development of local plans for the most efficient delivery of mental health, developmental disabilities, and substance use disorder services.

PLAN

- Submit to the appointing officer and the members of the governing body a written plan for a program of community mental health services and facilities for persons with a mental illness, a developmental disability, or a substance use disorder.

EXECUTE

- Within amounts appropriated therefore, execute such programs and maintain such services and facilities as may be authorized under such appropriations.

REVIEW

- Review and evaluate community mental health services and facilities, including services and facilities for the treatment of alcoholism, drug addiction, developmental disabilities, and Intellectual disabilities.

Encompassed within these statutory activities are themes of accountability, transparency, fiduciary responsibility, and foresight that necessitate a strong working knowledge of local, state and national trends within the mental health, substance use disorder, and intellectual developmental disability service environments.



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**The MCMHB can be reached at 815.455.2828
or through its website www.mc708.org**

2018 MCMHB BOARD & STAFF

MCHENRY COUNTY MENTAL HEALTH BOARD

MCMHB Board of Directors

Connee Meschini, *President* (Term: 01/18/05 - 01/01/22)

Cathy Ferguson, *Vice President* (Term: 05/21/13 - 01/01/23)

Sam Melei, *Treasurer* (Term: 02/18/14 - 01/01/22)

Dawn Pruchniak, *Secretary Pro tem* (Term: 8/16/16 - 01/01/21)

Paula Yensen, *County Board Liaison* (Term: 02/21/17 - Open)

Michael Baber, *Member* (Term: 02/21/17 - 01/01/21)

Sarah Wilson, *Member* (Term: 04/21/15 - 01/01/21)

Lynn Kasicki, *Secretary* (Term: 02/21/17 - 01/01/19), Resigned Position: 10/17/18

Ray Lapinas, *Member* (Term: 07/01/14 - 01/01/21), Resigned Position: 03/23/18

Lesli Melendy, *Member* (Term: 6/19/18 - 01/01/21), Resigned Position: 10/03/18

MCMHB Staff

Scott Block, MA, LCPC, CADC, CCJP *Executive Director*

Terry Braune, MBA, CHC *Compliance & Operations Manager*

Jane Wacker, CPA *Fiscal Operations Manager II*

Patricia Peterson, *Executive Assistant*

Denise Bowman, MA, CADC, CODP I *Training & Development Associate*

Kristen Doherty, *Administrative Specialist II*

Melanie Duran, *Accountant II*

Sonya Jimenez, *IT Operations Coordinator*

Vickie Johansen, *Contract & Grant Lifecycle Monitor*

Barbara Stembaugh, *Accounting Assistant II*, Start date: 10/01/18

Lori Zeek, *Administrative Specialist II*

Jennifer Kunke, *Accounting Assistant II*, Resigned: 07/20/18

Industry Affiliations

- Association of Community Mental Health Authorities of Illinois
- Community Behavioral Health Association of Illinois
- Illinois Association for Behavioral Health
- National Association of County Behavioral Health & Developmental Disability Directors
- National Council for Behavioral Health

The McHenry County Mental Health Board meets monthly on the fourth Tuesday at 6:00 p.m. at the McHenry County Mental Health Board, 620 Dakota St., Crystal Lake, Illinois.

For a complete list of Board and Committee meeting dates and times visit: www.mc708.org.

For agendas and meeting minutes click the Meeting Portal link.

MCMHB NETWORK

MC HENRY COUNTY MENTAL HEALTH BOARD

The MCMHB holds a 3-year CARF International Behavioral Health Network accreditation. The MCMHB contracts with over 30 participating providers and coordinates network functions through Network Council, Intake Coordinator, Quality Management Team and Clinical Review meetings, as well as continuous compliance audits.



MCMHB Network Providers

22nd Judicial Circuit

Alexian Brothers Behavioral Health

Association for Individual Development (A.I.D.)

Aunt Martha's Health & Wellness, Inc.

Centegra Health System

Clearbrook

Community Health Partnership of Illinois

Consumer Credit Counseling of Northern Illinois

Epilepsy Foundation

**Independence Health & Therapy (formerly
Family Alliance, Inc.)**

Family Health Partnership Clinic

Greater Elgin Family Care Center

Harvard Community Senior Center

Home of the Sparrow, Inc.

Horizons Behavioral Health, LLC

Live4Lali, Inc.

**Mathers Recovery & Mathers Community Mental
Health Center, LLC**

McHenry County Department of Public Health

McHenry County Sheriff's Office

NAMI - McHenry County

New Directions Addiction Recovery Services

**Northern Illinois Special Recreation
Association (NISRA)**

**Northwest Center Against Sexual Assault
(NWCASA)**

Options and Advocacy for McHenry County

Pioneer Center for Human Services

Rosecrance Health Network

SEDOM

Thresholds

**Transitional Living Services, Inc.
d/b/a TLS Veterans**

Turning Point, Inc.

**Youth & Family Center of McHenry County
(formerly Garden Quarter)**

Everybody Needs Help Sometimes - Don't Know Where to Turn?

McHENRY COUNTY CRISIS LINE at 1-800-892-8900

Download the MCHelp Mobile App

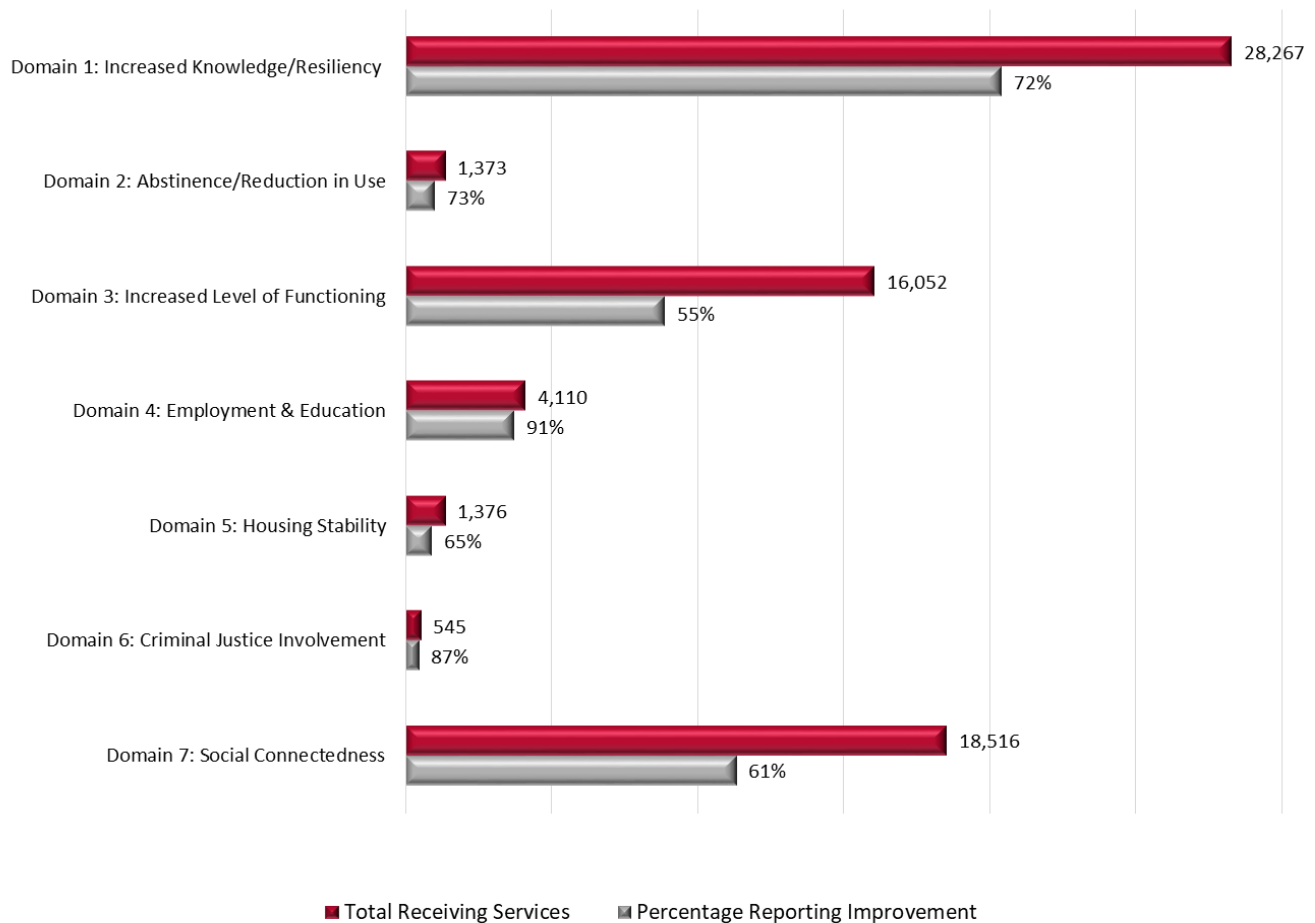
Visit the MCMHB Service Directory at www.mc708.org

MCMHB NETWORK OUTCOMES

MCHEMRY COUNTY MENTAL HEALTH BOARD

The MCMHB has adopted a revised version of the SAMHSA National Outcome Measures (NOMs) Framework to promote the use of consistent measures across its network. MCMHB Network Outcomes are comprised of domains that embody meaningful, real life outcomes for people who are striving to attain and sustain recovery; build resilience; and work, learn, live, and participate fully in their communities. Over 30 evidence-based practices and various validated tools are utilized within MCMHB supported services, programs and projects.

FY18 Active Participants & Percentage Reporting Improvement



MCMHB Network Satisfaction Rate = 91%

Active Participants are duplicated within Domains

MCMHB NETWORK TRAINING & PREVENTION

MCHEMRY COUNTY MENTAL HEALTH BOARD

MHB Coordinated Trainings

24 trainings serving 1332 attendees

77 continuing education units for social workers, professional counselors, and Illinois Credentialing Board professionals.

Topics including evidence-based and best practices in treating and addressing Anxiety, Co-Occurring Disorders, Eating Disorders & Self-Injury, Ethical and Legal Issues, Social Thinking and more.



Suicide Prevention Mental Health Wellness & Recovery Conference hosting 350 attendees



QPR Suicide Prevention Trainings

These 3 simple steps may help save a life!

QPR (Question, Persuade, Refer) is an evidence-based practice that focuses on how to recognize persons who may be at risk of suicide, persuade them to seek and accept help, and refer them to appropriate resources.

Please visit www.mchenrycountyqpr.org.

48 QPR trainings reaching 2,943 people in FY18

Mental Health First Aid for Public Safety Trainings

Mental Health First Aid for Public Safety provides Officers with more response options to help them de-escalate incidents and better understand mental illnesses so they can respond to mental health related calls appropriately, without compromising safety.

80 Officers trained in FY18



MCMHB NETWORK ACCOUNTABILITY

MCHENRY COUNTY MENTAL HEALTH BOARD

The Health Care Compliance Association states “the healthcare world can be a high-risk and challenging environment that demands a proactive compliance approach.” The MCMHB is proud to employ a Compliance & Operations Manager certified in the compliance profession to demonstrate expertise in helping mitigate compliance-related risks and ensure quality and accountability.



Per the Healthcare Compliance Association “an individual Certified in Healthcare Compliance (CHC)[®] is someone with knowledge of relevant regulations and expertise in compliance processes” sufficient to assist the MCMHB and Network Providers in understanding and addressing contractual obligations, and promoting organizational integrity through the operation of effective compliance programs and activities.

Benefits of CHC Certification

- ♦ Strengthened credibility among peers and added expertise to compliance programs implemented and maintained within the MCMHB Network
 - ♦ Broad-based knowledge necessary to perform compliance functions
- ♦ Assistance in establishing professional standards for the MCMHB Network

MCMHB Quality Assurance & Stewardship

- ♦ Compliance audits conducted in FY18 - 44
 - ♦ Locations/providers audited – 30
- ♦ Number of work plans for the year - 89
 - ♦ Work plans monitored – 110
- ♦ 79.66 FTE Grant/POP Positions monitored

***CARF International Accreditation - Annual Funding Application - Annual Funding Agreement
Ongoing Compliance Audits - Quarterly Outcomes Reporting - Service Standard Requirements
Reporting, Evaluation, Monitoring Requirements - Network Council - Quality Management Team
Intake Coordinators Attendance - Financial Stewardship Requirements
Mid-Year & Year-End Reconciliation (Grant & Purchase of Position)***

MCMHB NETWORK HIGHLIGHTS

MCHENRY COUNTY MENTAL HEALTH BOARD

Fighting Opioid & Heroin Use

MCMHB funds support a continuum of prevention, treatment and recovery support services targeting the local impact of opioid and heroin use.

35% reduction in
Overdose Deaths from
FY17 vs. FY18

Naloxone Access

Naloxone is the opioid reversal drug that, when available, is administered to someone experiencing an overdose.

51 Administrations &
44 survivals

A Way Out

The *A Way Out* Program offers access to substance abuse treatment and resources through police departments in McHenry County.

103 individuals assisted

Adult Drug Court

14 Graduates facing a cumulative 49 years in the Department of Corrections.

Drug Take Back Efforts

Purchased an incinerator to be shared throughout the County.

Providing Access to Care

1,419 rides to and from
treatment & recovery
related activities

213 Unique Riders



kaizen
HEALTH

Increasing Services for McHenry County Youth

Alexian Brothers Behavioral Health -
Youth Partial Hospitalization Program

Rosecrance - School-based
Mental Health Case Managers

Fourth Annual Behavioral Health
School Resource Fair

Facilitated Behavioral Health & School
Professional Meetings to improve
care coordination

Facilitated QPR Suicide Prevention
programming within multiple
local schools

MCMHB 2018 FINANCIAL SUMMARY

(DECEMBER 1, 2017 – NOVEMBER 30, 2018)

The Mental Health Board policy, in accordance with the Community Mental Health Act, ILCS, Chapter 405, Act 20, Section 0.1, et. seq. stipulates that funds allocated by the MCMHB may be used to contract for mental health, substance abuse, and developmental disability services.

MCMHB FUNDING TYPES

Fee-for-Service

Payments for each event of service. When possible, rates are based on those set by the State of Illinois.

Grant

Provides funds for access to specific care or the infrastructure of a program.

Pay-for-Performance Grant

Payment is predicated on the reporting performance obligations. These grants are typically funded to ensure access to a particular level of care such as psychiatry.

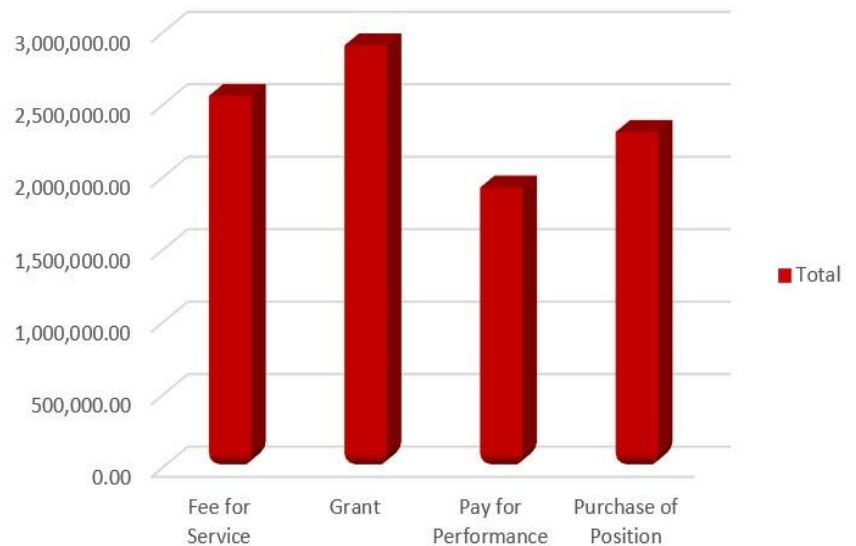
Purchase of Position

Payment for a particular staff position critical to the delivery of an approved service or program for which Fee-for-Service funding is not applicable.

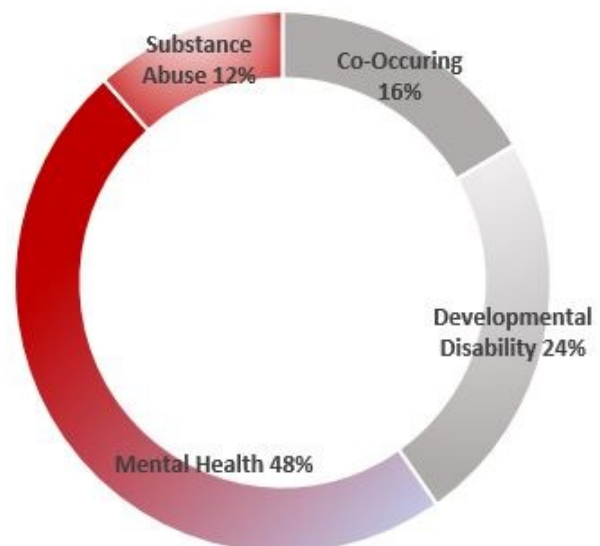
Warrant of Need

Payment for services for individuals who qualify for a specific and proven need.

FUNDING BY CONTRACT TYPE



FUNDING BY NEED



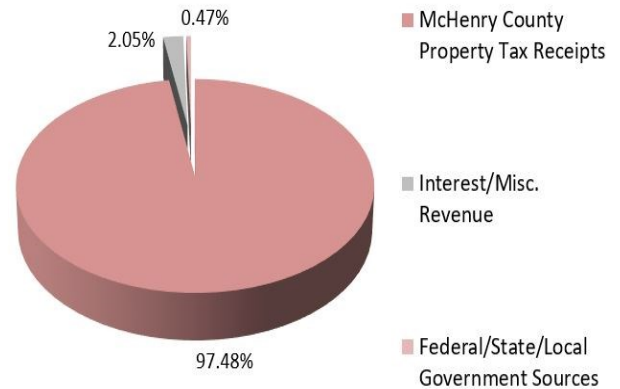
MCMHB 2018 FINANCIAL SUMMARY

(DECEMBER 1, 2017 - NOVEMBER 30, 2018)

Expenditures - Community Services and Supports	
22nd Judicial Circuit of McHenry County	198,335
A Way Out Program	55,424
Alexian Brothers Behavioral Health	277,631
Aunt Martha's Youth Service Center, Inc.	467,500
Association for Individual Development	521,873
Clearbrook	269,329
Community Health Partnership of Illinois	35,058
Consumer Credit Counseling	35,000
Epilepsy Foundation	531,676
Family Health Partnership	76,061
Greater Elgin FCC	355,550
Harvard Community Senior Center	88,963
Home of the Sparrow	228,297
Horizons Behavioral Health	180,838
Independence Health & Therapy	256,371
Live 4 Lali	118,916
Mather's Community Mental Health Center	90,000
Mather's Recovery	37,500
McHenry County Health Department	18,221
McHenry County Sheriff's Department	79,304
NAMI - McHenry County	232,030
New Directions Addiction Recovery Services	279,000
NIMC Northwestern Medicine/Centegra Woodstock	1,252,632
Northern Illinois Special Recreation	45,499
Northwest CASA	21,670
Options and Advocacy	313,459
Other Contractual - Service & Network Training	88,904
Pioneer Center	1,233,429
Psychiatric Loan Reimbursement Program	112,645
Rosecrance	976,883
Special Education District of McHenry County	11,814
Thresholds	580,501
Transitional Living Services	211,307
Transportation Funds (Kaizen)	37,285
Turning Point	614,000
Youth & Family Services of McHenry County	114,372
Grand Total Community Services & Support	\$ 10,047,277

Mental Health Board Administration (Admin/Bldg/Debt)	
Debt Service	399,588
Building Occupancy Expense	201,957
Administrative Salaries and Benefits	809,471
General Administration	227,871
Total Mental Health Board Administration	\$ 1,638,887
TOTAL EXPENDITURES	\$ 11,686,164
REVENUE OVER/(UNDER) EXPENDITURES	\$ (1,037,160)
FUND BALANCE - Beginning of the year	\$ 10,524,598
FUND BALANCE - End of the Year	\$ 9,487,438

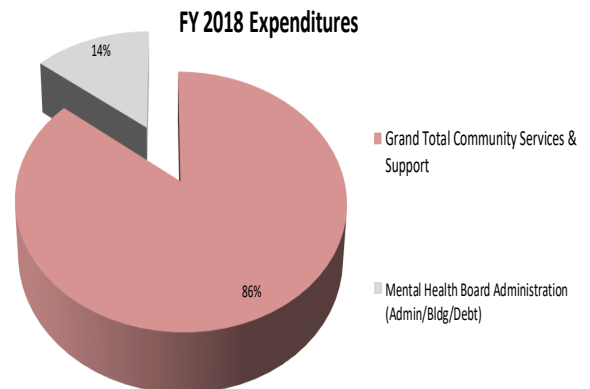
FY 2018 Revenue



McHenry County Property Tax Receipts	10,381,082
Interest/Misc. Revenue	217,996
Federal/State/Local Government Sources	49,925

TOTAL REVENUE \$ 10,649,004

FY 2018 Expenditures



Footnotes:

(1) - McHenry County Audits for 2018 will not be finalized until at least the end of May 2019. As a result, at the time of printing, this financial summary is based on unaudited numbers.

MCMHB 2018-2020 THREE YEAR PLAN UPDATE

MCHENRY COUNTY MENTAL HEALTH BOARD

MCMHB 2018-2020 Three Year Plan Update

MCMHB has identified Five Strategic Initiatives to focus its attention and resources in County Fiscal Years 2018-2020 while maintaining the service network and foundation already in place. These initiatives are accompanied by goals and objectives based on existing needs, emerging trends, opportunities, and/or challenges identified as critical to maintaining and enhancing the local network of services in order to meet its mission of "identifying, planning, coordinating, fostering development, and contracting for quality services for all citizens of McHenry County."

STRATEGIC INITIATIVES

Strengthen the Recovery Infrastructure
Improve Access to Care
Increase Awareness of Existing Services
Promote Administrative Effectiveness and Efficiency
Provide Leadership and Advocacy

CFY 18 UPDATES

- **Established a McHenry County-based Youth Partial Hospitalization Program**
- **Supported increased recovery related housing opportunities**
- **Increased access to telepsychiatry**
- **Funded MCMHB Network Care Navigators**
- **Promoted integration of behavioral health & primary care through FQHCs**
- **Enhanced MCMHB Network marketing efforts through MCHelp expansion, Facebook and Website**
- **Earmarked dollars for debt satisfaction**
- **Sponsored trainings targeting business acumen and clinical best practices**
- **Facilitated Behavioral Health & Educational Institution Meetings**

We Welcome Your Feedback

Consistent with our commitment to ensuring quality services for all residents of McHenry County, the MCMHB makes available a confidential Consumer survey. Feedback provided will be used to address and improve upon barriers to the delivery of quality services. The survey can be completed at www.mc708.org.

Your public comment is always welcomed at the beginning and end of all MCMHB meetings.

Empowering Minds, Transforming Lives

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